

Patient: John Smith

Age: 34

Data: 29-08-2018 10:50:36

Nosology:

Digestive system diseases - acute gastritis

Recipe:

Zhen prescription (acupuncture, acupressure, tsubo/seed therapy, application of plates and/or adjusters, electropuncture, magnetic therapy, use of electromagnetic fields and/or radiation)

Follow the prescription: 12:00 hours

1st day - 05.09.2018

<u>VB-24 (GB-24)+VC-14 (CV-14)+V-19 (BL-19)+V-15 (BL-15)+VB-41 (GB-41)</u>

2nd day - 06.09.2018

VC-5 (CV-5)+V-22 (BL-22)+VB-24 (GB-24)+V-19 (BL-19)

3rd day - 07.09.2018

<u>VB-37 (GB-37)+GI-4 (LI-4)+GI-6 (LI-6)+TR-4 (TE-4)+IG-3 (SI-3)</u>

4th day - 08.09.2018

TR-5 (TE-5)+C-3 (HT-3)+E-30 (ST-30)+VC-8 (CV-8)+VC-6 (CV-6)+V-21 (BL-21)+RP-5 (SP-5)+E-41 (ST-41)

1st day - Harmonizes the energy according to the Shu-Mo therapy rules

2nd day - Harmonizes the energy according to individual constitution.

3rd day - Improves the condition with a glance to the meridional and biorhythmic aspects of energy.

4th day - Restores digestion, increases the acidity

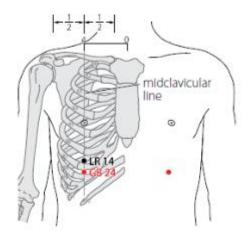
The optimal duration of a Zhen session is 40 - 90 minutes. Duration of needling is recommended to be according to the "while BAP holds the needle" phenomenon, massage of each point lasts maximum for 5 minutes, tsubo/seed therapy and application impact - from 1 hour to one day. The instrumental exposure should be corrected according to the instructions of each particular device.

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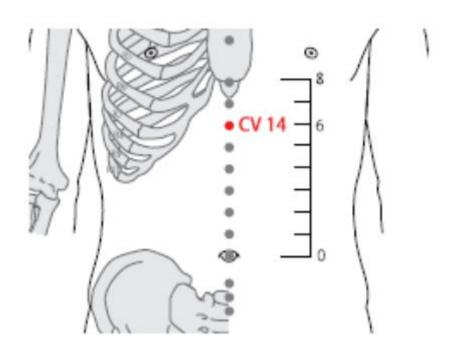
1st day - 05.09.2018

VB-24 (GB-24) Ri-Yue - Day-Moon, the Sun and the Moon

Location: In the seventh intercostal space on liners line. Segment Th7- Th8.

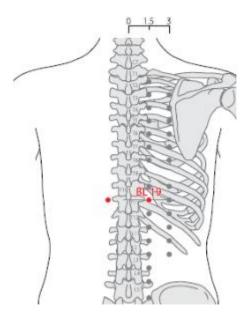


VC-14 (CV-14) Ju Que - The border of force, the Grand Palace Location: 1.5 CUN below the xiphoid process of the sternum. Segment Th5.



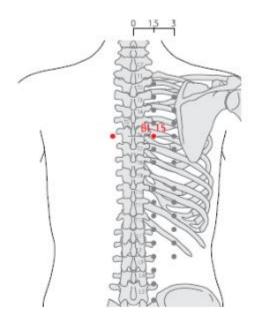
V-19 (BL-19) Dan-Shu - Shu point of the back of the Gallbladder, the Point of agreement of the Gallbladder

Location: 1.5 CUN lateral to the Th10-Th11 space.



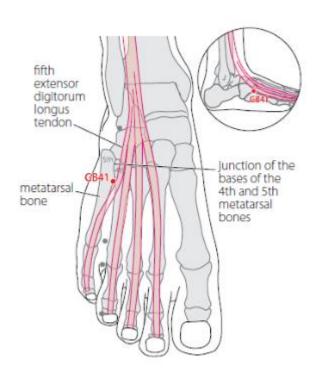
V-15 (BL-15) Xin-Shu - Shu point of the back of the heart, the Point of agreement of the Heart

Location: 1.5 CUN outwards from the Th5-Th6 space. Segment Th5.



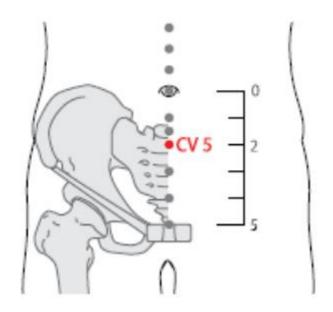
VB-41 (GB-41) Zu-Lin-Qi - Descent energy on the leg, Falling tears

Location: In a hollow in the back of the fourth - fifth metatarsal space. Segment S1.



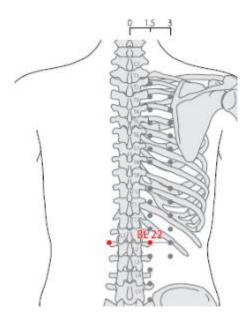
2nd day - 06.09.2018

VC-5 (CV-5) Shi-Men - Access to the seal, to the spasm, Stone door Location: 2 CUN below the navel. Segment Th11.



V-22 (BL-22) San-Jiao-Shu - Shu point of the back of the Triple Heater, the Point of agreement of the three heaters

Location: 1.5 CUN lateral to the L1-L2. Segment L1-L2.



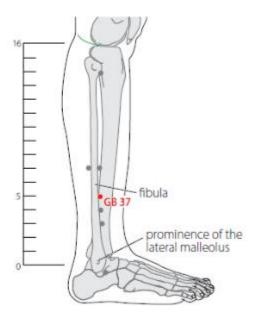
VB-24 (GB-24) Ri-Yue - Day-Moon, the Sun and the Moon - described above...

V-19 (BL-19) Dan-Shu - Shu point of the back of the Gallbladder, the Point of agreement of the Gallbladder - described above...

3rd day - 07.09.2018

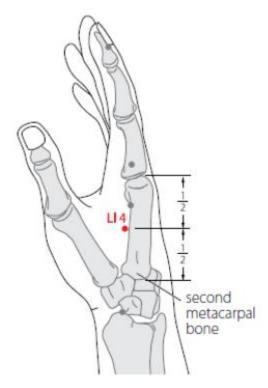
VB-37 (GB-37) Guang-Ming - Improved vision, a Bright light Shining

Location: 5 CUN above the center of the lateral malleolus, the leading edge of the fibula. Segment S1.



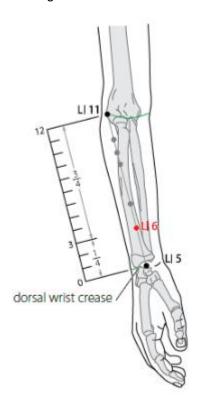
GI-4 (LI-4) He-Gu - Closed valley

Location: On the back of the hand in the corner formed by the proximal ends of the I and II metacarpal bones, in the hole closer to the second metacarpal bone when placed aside the thumb. Segments C6-C7.



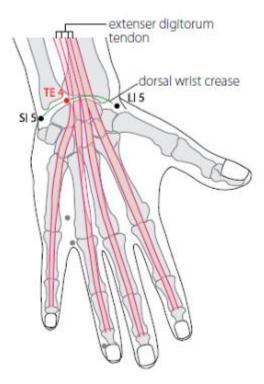
GI-6 (LI-6) Pang-Li - The outer passage

Location: On the rear of the forearm with radial side 3 CUN above LI-5, when having hand bent in the elbow. Segment C7.



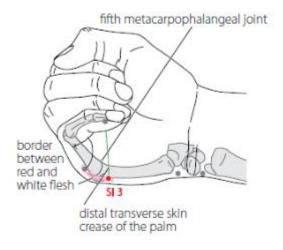
TR-4 (TE-4) Yang-Chi - Yang Pond, Yang Lake

Location: On the back surface of the wrist joint, respectively, the fourth finger in the hole with the ulnar side of the tendon of the common fingers' extensor. Segments C8-Th1.



IG-3 (SI-3) Hou-Si - The reverse flow

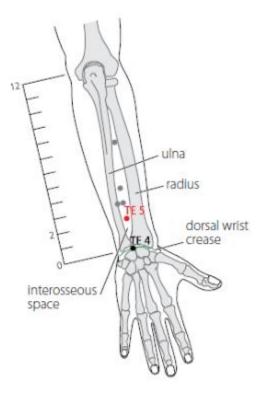
Location: When bent in the fist slightly proximal to the V metacarpophalangeal joint, at the end of the Palmar skin crease in the hole. Segments C8-Th1.



4th day - 08.09.2018

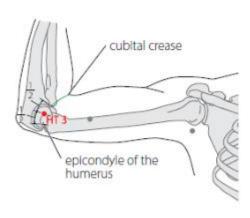
TR-5 (TE-5) Wai-Guan - Outer border, External gates

Location: 2 CUN above the proximal wrist crease on the back side, between the ulna and radius. Segment C8.



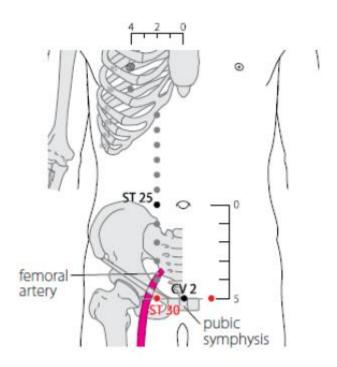
C-3 (HT-3) Shao-Hai - The sea of small Yin, The small lake

Location: On the crease of the elbow, midway between the end folds and internal epicondyle of the humerus, with a slightly bent elbow to the hand. Segment Th1.

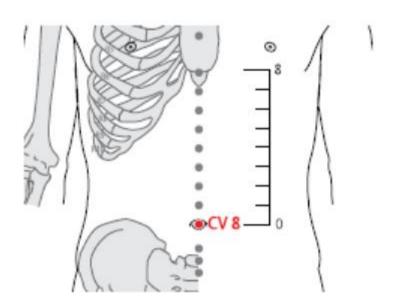


E-30 (ST-30) Qi Chong - Penetrating Qi, Energy storm

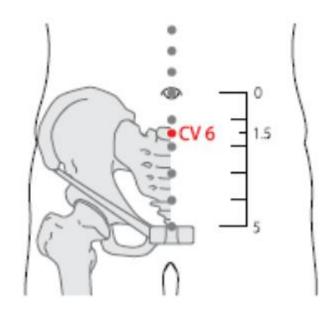
Location: At the upper edge of the pubic bone, 2 CUN outwards from the midline. Segment L1.



VC-8 (CV-8) Shen-Que - Center of a person's vitality, the Palace of the spirit Location: In the center of the navel. Segment Th10.

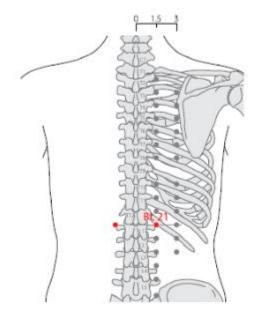


VC-6 (CV-6) Qi-Hai - Sea of power, Sea of Qi Location: 1.5 CUN below the umbilicus in the midline. Segment Th11.



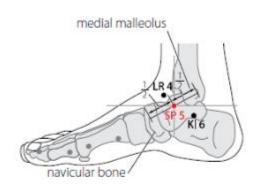
V-21 (BL-21) Wei-Shu - Shu point of the back of the Stomach, the Point of agreement of the Stomach

Location: 1.5 CUN lateral to the Th12-L1. Segment Th12.



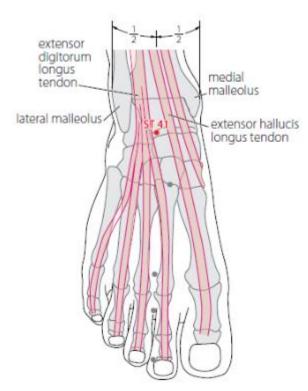
RP-5 (SP-5) Shang-Qiu - Metal hill, the Hill for trade

Location: Downwards and slightly anterior to the medial malleolus, in the deepening, lying on the back, foot in a position of dorsiflexion. Segment L5.



E-41 (ST-41) Jie-Si - Spill Creek, Rapid Creek

Location: On the back of the foot bend, in line with the second finger, where deepening is palpated, sitting, unbent big toe. Segment S1.



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